

# RUNDLE REVIEW

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**JANUARY 2012 HAPPY NEW YEAR!**

## **PRINCIPAL'S MESSAGE**

### **START THE NEW YEAR OFF RIGHT: RESOLVE TO RAISE A READER!**

Many New Year's resolutions focus on developing healthy habits. Here's one that is important to make and keep: Provide a regular diet of books and reading for your child.

You feed and care for your child every day so that he will grow into a healthy, happy person. Similarly, you also need to provide experiences that will enhance language development and stimulate learning skills. Try this menu of reading activities.

#### **READ EVERY DAY**

A daily reading routine will give all the readers in your family a chance to read with your child. Dads, moms, siblings, caregivers and friends can all be a part of ensuring your student gets 20 minutes of being read to each day.

#### **DO THINGS AND THEN TALK ABOUT IT**

It's great to offer new experiences, such as a visit to the zoo or museum, but a trip to the grocery store or a neighbourhood park can be just as educational. Talk about what you are seeing and ask your child what he thinks of it. When possible, use interesting words to describe what you're seeing.

#### **READ EVERYWHERE YOU GO**

You can find reading on the road, at the bus stop, in the store and at the restaurant. Play a game to find words when you are out and about or take a look at home for words on everyday items like cereal boxes, toothpaste and household appliances.

#### **BE A READING ROLE MODEL**

Your child wants to imitate you and be like you. Have plenty of reading material for yourself as well as for your child. Tell your child how much you enjoy reading.

#### **KEEP YOUR PULSE ON PROGRESS**

Please be sure to see your child's pediatrician or teacher as soon as possible if you have concerns about your child's language development, hearing or sight.

John Osgood  
Principal

## DATES TO REMEMBER



### January

9 <sup>th</sup>	First day back
11 <sup>th</sup>	<b>NO ECS Classes</b>
	<b>Staff Meeting 12:30 Dismissal</b>
16 <sup>th</sup> -20 <sup>th</sup>	<b>Trickster Artist in Residency</b>
17 <sup>th</sup>	Parent Council 7:00 p.m.
20 <sup>th</sup>	<b>Trickster Assembly p.m.</b>
26 <sup>th</sup>	Hot Lunch Day
	Cup Cake Day
27 <sup>th</sup>	Ski Club 10:00-6:00 p.m.
31 <sup>st</sup>	New ECS Parent Information Evening 6:30 p.m.
Feb. 1 <sup>st</sup>	Staff Meeting <b>NO ECS Classes</b>
	Ski Club 10:00-6:00 p.m.

## BOUQUETS

- Thank you to our student milk monitors for their cheerful enthusiasm in helping with tasks big and small.
- Thank you for your generous support of our Gift of Books in lieu of Christmas gifts for staff. The books are most appreciated and very useful in overflowing many of our bookshelves!
- Thank you to all parents who took the time to come out to Parent/Teacher Interviews and use our on line booking system.
- Thank you for coming out and supporting your children in their “Christmas Wishes” concert!
- Thank you for the many gifts of food, presents, scarves and mittens for families in need!

*“The important thing is not so much that every child should be taught,  
as that every child should be given the wish to learn”*

John Lubbock

## WALL OF FAME

Wall of Fame December 2011

Chloe Vogt	Braedon MacDonald	Maryn Brown	Ben Wilson
Peter Spring	Ashton Van Tongeren	Jessika Holmes	Owen Inkster
Connor Owre	Skylar Sgarbossa	Briana Palma	Mackenzie Parsons
Jacob Guzman	Ethan Knorr	Keanna Gorgichuk	Riley Freier-Ritchie
Ivy Boddez			

The winner of a neon-bowling certificate compliments of St. Albert Bowling is Chloe Vogt.

## LONG SERVICE AWARDS

The following staff will be receiving their Long Service Awards:

### February 16, 2012

Amy Bryks            5 years

### February 25, 2012

Lindsay King        10 years  
Suzanne Weir        15 years  
Val Morris            20 years  
Cliff Callihoo        25 years  
Melany Carter        25 years  
Mal Landry            35 years

## JOURNAL GAMES

The Edmonton Journal Indoor Games is a community athletics (track and field) event that allows children the opportunity to experience the thrill of competition – against themselves and each other. Track events include 200 meter and 800 meter individual events as well as 8 by 200 meter mixed relay events. Athletics Club members are training to participate in the 34<sup>th</sup> Annual Edmonton Journal Indoor Games. Events will take place on Tuesday, February 21<sup>st</sup> and Tuesday, February 28<sup>th</sup>. Further information will be sent home with your child.

Sarah Kvamme

## ROBERT RUNDLE INITIATIVES CLUB



*in·i·ti·a·tive noun*

*an introductory act or step; leading action*

We've already had many exciting activities this school year including a visit to Servus Place for swimming, St. Albert Public Library at Halloween and a movie at Grandin Theatre. Students in Grade 4 and 5 enjoy these visits to community locations with their classmates and continue to be fantastic role models and responsible citizens.

In the New Year we will continue our adventures and pursuits in the community. Stay posted for more information sent home with your Grade 4 or 5 student!

Mr. Durksen and Ms. Adams



## SKI CLUB

January 27<sup>th</sup> and February 1<sup>st</sup> are the dates for our grade 4-6 ski club. Students may still register for skiing. Contact Mr. Osgood.



*In any moment of decision the best thing you can do is the right thing, the next best thing is the wrong thing, and the worst thing you can do is nothing.*

Theodore Roosevelt

## TERRIFIC KIDS

Carter Grossett  
Nathan Baumle  
Elise Sinclair  
Adel Brickenden

Tristien Hedge-Pruss  
Christopher Wilson  
Katelyn Cox  
Mercedes Kuszmaniuk

Lorelai Moen  
Hayden Whitehead  
Logan Martens

Teira Knapp  
Emilie Scriven  
Garion Pelton

## BUCKET FILLERS



The following students were Bucket Fillers for December:

Jaeden Chaisson  
Olivia Thomson  
Keanna Gorgichuk

Shawn Hutchison  
Ashton Van Tongeren  
Darius Garrett

Chloe Vogt  
Kristen Farmer  
Brayden Grossett

Emily Archer  
Micheal Monai  
Brooke Gosior

## LIBRARY NOTES



### Scholastic Book Fair

Thank you to everyone for supporting the Scholastic Book Fair, the library received over \$2000.00 in books for the library.

### **Congratulations to the following winners:**



#### **Family Door Prize**

Connor Shymoniak

\$25.00 in books for himself and \$25.00 in books for Room 137



#### **Door Prizes**

Matthew Baba

Kassidy Gorgichuk

Grant Baartman

Kenzie Wilson

Cipriana Knorr

Jake Wieben

Hayden Whitehead



#### **Candies in the Jars**

Tanner Schnirer

Josh Ingram

Lorenn Mykitiuk

### Birthday Books

Thank you for your donation of the following books to the library:

Happy Haunting, Amelia Bedelia  
I Can Read With My Eyes Shut!

**Jessika Holmes**  
**Jessika Holmes**

That Fatal Night: The Titanic Diary of Dorothy Wilton

**Katelyn Cox**

## COUNCIL CORNER

Thank you for all our parents who support our Council/Society initiatives. The on-going support and involvement is most appreciated and welcome! A special thank you to all the volunteers for their contributions to making the “Holiday Gift Shop”, a memorable shopping experience for all our students. We hope all families appreciated the “surprise” when they opened their gifts. We would also like to recognize Karin Cox for her efforts in coordinating the Mundare Sausage and Cookie Crumble fundraiser and Jodie McFadzen and Erica Boddez for their dedication to our QSP subscriptions success. All are very successful projects which will help support student initiatives.

**Next Meeting Tuesday, January 17, 2012 7:00 P.M.**

*“To teach a child how he may learn to grow independently, and for himself, is perhaps the greatest service that one person can do for another.”*  
by Benjamin Jowett

## PATROLS

Our patrols for January are: Jordan Zayshley, Katie Moritz, Kenzi Miller, Meredith Allan, Madeline Vogt, Maryn Brown, Kirsten Cox and Cheriden Mayhew-Cochrane. Trainees are Paige Parks, Kyra Kobi-Curtis, Jessica Porter, Matthew Stang, Jacob Verburgt, Lorenn Mykitiuk, Tanner Schnirer and Cameron Cockrall. Thanks for a great job.

We need to make eye contact with drivers so we are sure that you see us and the children wishing to cross. This is one of the most important parts of our job. Please clear ice and snow off your windows so we can see each other. Remember some students have a hard time seeing traffic because of winter hats and clothing. And please drive slowly. Thank you for helping us keep children safe.

AMA Patrol Team



## Gr. 4/5 ROOM 129 BEAUTIFUL THINGS

### Something Beautiful

by Grant

Living things are beautiful;  
A spider,  
Weaving its gleaming web.  
A frog,  
Lying on its lily pad glistening in the sun.

And non-living things are beautiful;  
A rock,  
Sitting by other stones sparkling like a star.  
Soil,  
The cold, wet feeling on my feet with its  
silent sound.

### Slow and Swift Things

by Paige

Slow things are beautiful;  
The closing of afternoon,  
Drifting away like a balloon  
Released into the sky.  
Worms slinking in the dark soil,  
But when submerged in water uncoil.

And swift things are beautiful;  
A rushing water source,  
Pouring down the river,  
Flows so fast it makes me shiver.  
A rabbit racing through the plain,  
Picking up every piece of grain,  
On the farmers field.

### Beautiful

by Claire

Slow things are beautiful;  
The cool morning dew,  
dripping off the freshly  
cut grass.

And the cocoa brown grizzly  
as he paddles across  
the wide, blue river.

And swift things are beautiful;  
The silky, orange fox  
prowling up to its dinner.

And the emerald green frog  
jumping up to catch  
a fly.

Eligible Kindergarten students will turn  
five by the end of February 2013

St. Albert Protestant Schools

## Kindergarten Fair

### Do you have a child who will be starting Kindergarten in the fall?

Please join us for the St. Albert Protestant Schools Kindergarten Fair, where you can find out more about our programs, full and half-day Kindergarten, yellow busing, school boundaries, speech and occupational therapy, and much more!

**Free admission and free parking!**



Bellerose Composite  
High School  
49 Giroux Road  
Sat., Jan. 21, 2012  
9:30 a.m. to 12:20 p.m.

**Who should attend?**  
Families of children  
entering Kindergarten  
in the fall of 2012

**9:30 a.m. to 10:15 a.m.** – Glenys Edwards:  
*Introduction to St. Albert Protestant Schools*

**10:30 a.m. to 12:20 p.m.** – the following sessions  
will run concurrently every 40 minutes:

- *Preparing your child for Kindergarten*
- *English Kindergarten Program*
- *Logos Kindergarten Program*
- *French Immersion Kindergarten Program*
- *Cogito Kindergarten Program*

\*Children must be five years old before the end of  
February 2013 to enrol in Kindergarten for 2012-2013.



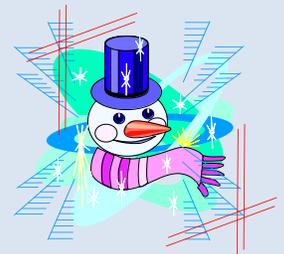
**Kindergarten registration is already underway!**  
Don't miss this chance to find out more about the  
opportunities available to your child and to have your  
questions about Kindergarten answered.



ST. ALBERT  
PROTESTANT  
SCHOOLS

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# JANUARY 2012



MON	TUES	WED	THU	FRI
2	3	4	5	6
9 First day back	10	11 Staff Meeting 12:30 Dismissal  No ECS  Nutrition Break	12	13
16	17 Parent Council/ Society Mtg. 7:00 p.m.	18	19	20 Trickster Assembly p.m.
<div style="border: 2px solid blue; border-radius: 50%; padding: 10px; display: inline-block;"> <h2 style="margin: 0;">TRICKSTER</h2> </div>				
23	24	25	26 Hot Lunch Extreme Pita  Cupcake Craze Rms. 134/137	27 SKI CLUB 10:00-6:00
30	31 New ECS Parent Information Meeting 6:30 p.m.			

**EVENTS MAY BE RE-SCHEDULED**  
**PLEASE WATCH FOR UP-DATED CALENDARS IN UP-COMING NEWSLETTERS**  
**CHECK OUT NEW PICTURES AND UPCOMING EVENTS ON OUR WEB PAGE**  
<http://rrem.spschools.org>

*"We should not let our fears hold us back from pursuing our hopes." John F. Kennedy*

# FEBRUARY 2012



MON	TUES	WED	THU	FRI
		<b>1</b> <b>Staff Meeting</b> <b>12:30 Dismissal</b>  <b>No ECS</b>  <b>Nutrition Break</b>  <b>SKI CLUB</b> <b>10:00-6:00</b>	2	3
<b>6</b>  <b>Gr. 5 Hep B</b>	7	8	<b>9</b>  <b>Teachers'</b>	<b>10</b>  <b>Convention</b>
13	<b>14</b> <b>Assembly</b>  <b>Valentine/ Winter Festival</b>  <b>Cup Cake Craze</b> <b>Rms. 138/104</b>  <b>Pizza Lunch</b>	15	16	17
<b>20</b>  <b>Family Day</b>	21	<b>22</b>	<b>23</b>  <b>ECS</b> <b>Sea Caverns</b>	<b>24</b>
27	28	29		

**GR. 6 PIONEER RANCH**

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## HEALTHY DRINKS FOR KIDS

### Milk

Offer milk and Vitamin D fortified soy beverages daily in the amount your child requires.

Child's Age:

4-9 years 2-3 cups (500-750 ml)

10-16 years 3-4 cups (750ml- 1 litre)

These drinks will help your child get enough protein, calcium and Vitamin D. These nutrients help bones and teeth grow and become strong and healthy.

What about chocolate milk?

Chocolate milk is a great choice. Chocolate milk has the same bone building nutrients as regular milk and less sugar than unsweetened fruit juice.



### Juice

Offer 100% juice, but limit to 1 cup (250ml) daily.

Any drink labeled as "fruit juice" is real unsweetened fruit juice. If called fruit "drink, punch, ade, beverage or cocktail" it has little or no real fruit juice in it. This means it is mostly sugar, flavour and water, and is low in nutrients. Kids who drink too much juice may not have enough room to eat healthful meals and snacks. Add water to juice to dilute it and make it go further. Offer whole pieces of fruit instead of juice. Kids should eat their fruit rather than drink it.



### Don't Forget Water!

Offer water throughout the day when your child is thirsty. Make sure kids have a personal water bottle when they are playing, involved in sports activities, in school and when traveling. Keep water bottles clean by washing daily in hot soapy water and rinsing well.



St. Albert Public Health Centre

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## MONTHLY NEWSLETTER DRAW

Please fill in and sign the form below. Return it to the school by the 15<sup>th</sup> to be entered in our monthly draw.

I \_\_\_\_\_ have received and read the newsletter.

Name: \_\_\_\_\_

Please print



The winner for last month was the Waddell family.